### ADDENDUM TO **ANNUAL PERFORMANCE STRATEGY**





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|             |                |             |  |             |

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### **WHO IS IT FOR?**

This document relates to the following groups.

- GB Climbing Squad
- GB Climbing Team

This document relates to the following disciplines.

- Lead
- Boulder
- Speed
- Combined

This document relates to the following categories.

- Senior
- Junior (U20)
- Youth A (U18)
- Youth B (U16)

#### 1. PURPOSE OF THE ADDENDUM

1.1. To update document with recommendations from the Competition Climbing Performance Group (CCPG) based on the review of additional feedback from key stakeholders.

#### 2. ADDENDUMS LIST AND DETAILS

- 2.1. Update clause 3.1 'in priority order' added as per recommendations.
- ▶ 3.1 The 2024 strategic objectives are to, in priority order:

#### 2.2. Update of clause 7.3 as per recommendations.

- > 7.3 Supporting athletes and ensuring their health and well-being are the foundations of GB Climbing. Athletes require various forms of support, and the GB Climbing Athlete Health Policy will play a crucial role in safeguarding athletes' physical and mental health.
- 7.3.1 Current procedures can be found in the BMC GB Climbing Welfare Support Plan https://www.thebmc.co.uk/gb-climbing-welfare-support-plan
- > 7.3.2 The GB Climbing Athlete Health Policy is in development and will be available by 31 Jan 2024.
- ▶ 7.3.3 The IFSC have a Body Mass Index Screening Procedure Rules to monitor athlete health and the risk of Relative Energy Deficiency in Sport (RED-S). For further details please see;
- 7.3.3.1 IFSC BMI Screening Procedure Rules https://cdn.ifsc-climbing.org/images/ifsc/Footer/Commissions/220215 BMI Screenig Procedure Rules final.pdf
- 7.3.4 Athletes who are on a UK Sport named athlete program or on the TASS program are able to access medical support.

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#### 2.3. Update of clause 8.4 as per recommendations

8.4 - GB Climbing acknowledges that three of the four items linked to "Respect" in the table below are outside of an athletes' control and are the responsibility of the BMC and GB Climbing. GB climbing will make every effort to deliver these items in collaboration with athletes, parents, and primary coaches to not disadvantage athletes in their development and competition opportunities. GB Climbing will facilitate discussion with athletes and parents to explore if there are any solutions available should there be difficulties in satisfying all items that may be part of an individual athlete's development plan (IADP). This may include agreeing attendance at IFSC international competition events with a primary coach as a BMC GB Team Official.

#### 2.4. Update of 9.1 table for continuity with clause 7.3

Table

| Guiding Principle | Item   | Inadequate  | Adequate  | Optimal   |
|-------------------|--|---|---|---|
| Health            | Comply with GB<br>Climbing Medical<br>Policies         | Not complied with GB Climbing Medical Policies and/or not cleared as fit to compete | Complied with GB Climbing Athlete Health and Policy and cleared as fit to compete |   |
|                   | Injury Status  | Athlete injured and unable to compete.  | Athlete managing injury, but able to compete                                      | Athlete Injury free and able to compete at the standard.          |
| Performance       | Readiness to compete confirmed through section process | Not achieved selection.   | Achieved selection,<br>but standard not at<br>level of<br>competition.            | Achieved selection and at standard of competition                 |
|                   | Staff in attendance                                    | 1 staff or coach  | 2 x Coach<br>+ Support Staff  | 2 x Coach, Support Staff,<br>MDT staff (Physio and or<br>medical) |

#### 2.5. Addition of footnote to sections 6.7.5.7 to 6.7.5.10 and 6.7.5.12 to 6.7.5.13

▶ Footnote - Please note that these standards are subject to periodic review, they may be updated or modified following the performance review of the end of the 2023 season.